



———— MOUNTAIN CREST ————
parent organization

APRIL-MAY NEWSLETTER • ISSUE 07

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GRADUATION PARTY
Time to Celebrate!

CONGRATS!
2022 MC
Valedictorians

MENTAL HEALTH WEEK
Keep Climbing!

FFA Award Roundup

MCPO
Teacher Appreciation

MCPO MISSION STATEMENT

Promoting partnership between parents, teachers, students, administrators, and the greater Mountain Crest High School (MCHS) community to create and support an environment where MCHS students can learn, grow, and succeed.



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Another great year for MCHS's Life Skills and Resource Teachers - Thank you!

Upcoming Events

- May 17: Theatre Honor Society Induction 7 pm
- May 18: Band/ Orchestra Concert 7 pm
- May 23: National Honor Society Induction 7 pm
- May 24: Choir Concert 7 pm
- May 25: Guitar Concert 7 pm
- May 23: Senior Awards Ceremony 9 am
- May 27: Senior check out day 8 -10 am
- May 30: No School, Memorial Day
- May 31: Awards Assembly (9th -11th grades) 8am
- June 1: Graduation practice, board bus at 9:15 am
- June 1: Graduation at USU Spectrum 6pm
- June 2: Last day of school Registration

Calling all Seniors!

“The Adventure of a Lifetime!”

The Graduation Party will be June 1, 2022 from 9:30 pm to 1:00 am at Mendon City Square.

Enjoy food, games, activities, music, and more!

Parents, we still need donations of gift cards.

Please contact Lisa Nebeker at 435-757-6989 or lisanebeker15@gmail.com

Attention Future Seniors of 2023!

Are you interested in becoming an MC Sterling Scholar in one of 14 categories next year? A Sterling Scholar is a high school senior who is publicly recognized and awarded for the pursuit of excellence in scholarship, leadership, and citizenship in the State of Utah. Even though the formal application process takes place in the fall, MC students can prepare now! Sterling Scholars are judged based on academics, category expertise, leadership, and service. Continue to work in these areas this summer; retake your ACT, volunteer, engage in activities within your category, and plan your application. The categories are : Business and Marketing, Skilled and Technical Education, Computer and Information Technology, Vocal Performance, Instrumental Performance, Speech/Theatre Arts/Forensics, Mathematics, World Language, Social Science, Science, Visual Arts, Family and Consumer Sciences, English, and Dance.

FROM THE PRESIDENT:

THANK YOU!

I just want to take this opportunity to thank the many people who have helped the MCPO make a difference at Mountain Crest (MC) this year. So many people have volunteered their time to make our school better - feeding teachers, feeding kids free nachos at lunch, nominating staff for our Stang Staff Spotlight, manning the Homecoming parade, chaperoning dances until 11:30 at night, honoring students each month, putting together a Senior Ski Day party, or helping our Sterling Scholars excel in their competition, just to name a few. And the amazing thing is that some were only able to help for one-hour one time this year, but when we all added up our time, it made such a difference! We also had an overwhelmingly positive response financially from the MC community! Thank you for making all of these things happen!

I would also like to thank the administration of MC. They have supported us every step of the way this year as we got up and running, and then listened patiently as we constantly brought up new ideas to them we wanted to try. They have been open and receptive as I have taken concerns to them from students and parents, many times adjusting things or offering solutions to those concerns. The MC faculty and staff have also been amazing and so supportive. We have been able to work with so many teachers this year to help the school and recognize students.

Because of great people in the MC community, we are strengthening the bridge between home and school through all of our efforts to be informed, involved, and invested in the students, faculty, coaches, and administration at Mountain Crest High School. Thank you for all you do!

We are excited to announce that next year we are adding a School Beautification Committee to our Board. Each year, the MCPO will sponsor a project that makes the school a more welcoming place to be. We already have some ideas of some smaller projects we'd like to do, but one larger project the MC Administration and the MCPO are hoping to make happen in the next few years is getting a digital marquee to put out on 8th East in front of the school. We believe it will not only add so much to our presence as a school in the community, but also be useful to get out information and recognize the great things that are happening at our school. If you are interested in heading up or being on this committee, let us know!

Michelle

2022-2023

MCPO Board

President - Michelle Hunsaker

Secretary - Megan Woolstenhulme

Treasurer - Stephanie Finlayson

Accountant - Kelly Chambers

Parent VP - Natalie Hancock

Membership - Audrey Andrus

Sterling Scholar - Jenny Garlock

Parent University - Bryn Heiner

Valedictorian - OPEN

Teacher VP - Wendy Osborne

Social Media - Wendy Osborne

Stang Staff Spotlight - Stephanie

Finlayson & Annette McDougal

Teacher Appreciation -

Annette McDougal

Teacher Luncheon - Michelle Bundy

Assistants: Lisa Nebeker,

Breanne Skinner, Wendi Taylor

Student VP - Jenna Oakey

Dance Chaperones - Jenna Oakey

Graduation Party - Syndee Atkinson

Student Enrichment - Bre Phelps

Assistant - Angela Baldwin

Community VP - Lori Hulbert

Homecoming Parade - Trina Nye

Mustang of the Month - Tiffany Brady

School Beautification - OPEN



Thank you!

Resource & Life Skills Teachers, left to right:
 Stacie Hofmeister, Dani Harrop, Serena Dunn (aide),
 Wendi Hoskins, Sallie Petersen, Trudy Mail, Lexie
 Lunceford, Sadie Murdock
 Not pictured: McKenzie Martindale

For the last MCPO newsletter for this school year, we are excited to spotlight the largest group of staff so far. Let's hear it for the Resource and Life Skills Teachers and Aides! There are almost 20 teachers and aides in this group! We thank each of you for all you are doing to help our kids and to make Mountain Crest (MC) a great place to be!

Here is what Stacie Hofmeister shared with me about the difference between resource and life skills: "The difference is the types of disabilities. Resource students typically have mild or moderate academic or health challenges that impact learning. These students need support and accommodations to access curriculum. They receive diplomas just like their peers and have high level of success academically. Life Skills students have more significant disabilities and need more support. These students often have peer tutors that accompany them to classes and help reinforce skills. They work on IEP goals and have access to many courses as well."

There are 5 Resource Teachers (they teach different subjects), 2 Life Skills Teachers, and 1 Speech Pathologist. Between these 8 teachers they have 77 years teaching experience.

There are 11 Resource and Life Skills Aides. They are: Mason Hansen, Shannon Sorensen, Montse Gracia, Abigail Miller, Victoria Boehme, Lindsey Touhuni, Serena Dunn, Audrey Sorensen, Kymmie McClimans, Trace Hansen, and Bret Everding. Between them they have about 17 years experience helping out with students in the resource or life skills classes.

When asked what is something rewarding about their job, here is what some of these teachers and aides shared:

"Seeing the students and the joy they find in the simple things!"

"I love seeing the kids' confidence grow and being able to help them see what they can do!"

"Seeing students succeed at things they didn't think they were capable of!"

"When I go home from school, I feel like I have done something good every day—something worthwhile."

continued next page ...

When I asked these teachers and aides, "What was something they wished all the students at MC knew?", this is what they said:

"That they are valued and loved. Each kid matters!"

"Follow your dreams even if it will 'take a long time'. The time will pass away, and you may as well do what you are passionate about."

"If you want to make an impact on someone: smile, look them in the eyes and then genuinely care about them. The world needs more kindness!"

Whether your student is involved in some way with the Resource and Life Skills classes or not, these teachers and aides care about their students and want to see each of them grow and be successful! It is in this caring, helping, teaching, and watching over all the students that come in and out of their classrooms, that they are making a positive impact on our

May Cache Valley Bank Mustangs *of the Month*

For May, we'd like to recognize and thank all of the students who were nominated throughout the year by their teachers for being outstanding. Thank you for your hard work students - keep it up!

Freshmen:

Daniela Nelson
Raegan Bird

Sophomores:

Caden Rupp
Phoenix Johnson
Braeden Winn
Joshua Booth
Hailee Sharp
Carson Price
Taylie Anderson
Samantha Hooton

Juniors:

Kalie Jensen
Brooklyn Halling
Kaley Simmons
Lainey Williams
Steven Gowens

Seniors:

Braxton Harris
Jesse Erickson
Ryan Bury
Cher Mu Eh Soe
Wesley Olsen
Adam Melo
Rachel Davis
Susanrae Stock
Jalise Wakely
Abby Sagars

April Cache Valley Bank Mustangs *of the Month*



ETHAN LUSK — *Senior*

Hometown: *Wellsville*

What Ethan likes about being a Mustang:

“I like the relationships I can build with my teachers, staff, and friends.”

MASON JONES — *Junior*

Hometown: *Wellsville*

What Mason loves about being a Mustang:

“I like the environment and history with sports.”



ZACH LEISHMAN — *Sophomore*

Hometown: *Mt. Sterling*

What Zach loves about being a Mustang:

“I like the opportunity to be with other students of the school and learn with them.”



SABRINA ARJONA — *Freshman*

Hometown: *Hyrum*

What Sabrina loves about being a Mustang:

“To hang out with friends!”





MCPO Sponsors Keep Climbing Mental Health Awareness Week

Every day during the first week in May, Bre Phelps and her team of MCPO volunteers provided daily activities and information focused on raising awareness among Mountain Crest (MC) students about mental health.

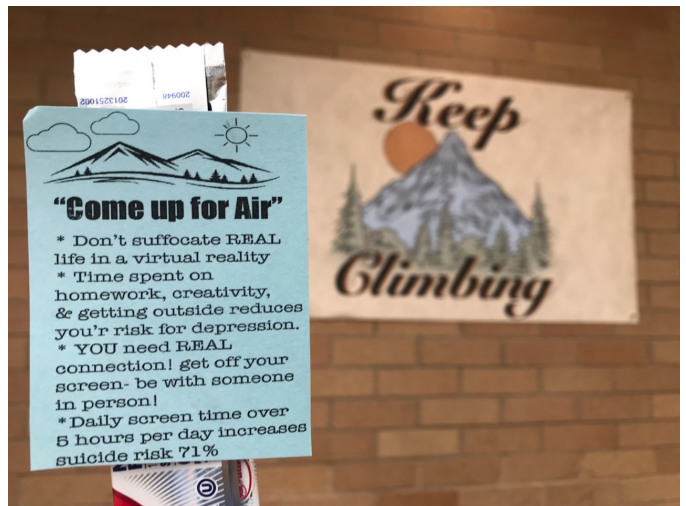
On Monday and Friday morning, every MC student was greeted at school with a smile and a “treat” with a mental health focus that reminded them they are cared about and their mental health matters. There were themed activities every day to bring awareness to subjects like “come up for air,” which focused on looking up from cell phones and realizing that screens don’t bring joy. “Stick with it” day encouraged MC students to talk to their peers about what they are REALLY going through. Activities focused on how to be a good listener and that their contributions and talents are important and needed.

Bre Phelps said: “It was the funnest week! I truly loved spending time with those kids every day and I hope Climb Week brought hope and boosted our spirits at Mountain Crest. After being over lunch activities all year, I’ve learned

that we need to keep working and fighting for our Mountain Crest community.”

“I have loved working with other moms and the MCPO Board. Good things are happening at this school! I encourage everyone to get involved and share you time and talents with our kids. They need us more than ever.”

Thank you Bre and all those who helped. Our students are worth working and fighting for. Bre plans to do the activity next year and all are welcome to help!



Congratulations Class of 2022

Mountain Crest High School

Valedictorians!



BENJAMIN RICH



SAVANNAH PETERSON



BRYSON ARNELL



SADIE COLEMAN



RYLIE GEARY



ADRIANNA
SARAIVA



ELISABETH DUVALL



KAMBREE LUKE

Congratulations Class of 2022

Mountain Crest High School

Valedictorians!



JESSICA CISNEROS



ALICIA SOLANO
PINEDA



HILLARY YENGICH



ZACHARY POWELL



EMILY SOWBY



BAYLIE BALDWIN



ALI MYERS



SADIE COGGINS

Congratulations Class of 2022

Mountain Crest High School

Valedictorians!



BRIDGER WINWARD



MORGAN PHILLIPS



BROOKE DOUGLASS



CAMRYN CANNON



MIALEE MCKELLAR



RYAN BURY



ALEXANDRA LARSEN



REBEKKAH SNOW

Congratulations Class of 2022 Mountain Crest High School Valedictorians!



JENNA MCDUGAL



TERRELL LEE



DAXTON PAGE



SADIE OLSEN



EMMA ASHBY



MARISSA
HANCOCK



EMILY MORRISON



TAYA SAVAGE



ASHLYN HARRIS



ASHLEY RANDALL

Another Successful Year for MC's FFA

Once again, it was a busy year for MC students who participated in FFA. A big thank you to their amazing advisors and teachers: Megan Haslam, Tyrell Stephens, and Allie East. Below is a roundup of this year's achievements.

October National FFA Convention:

- o Milk Quality Products Team: 7th in the Nation; Erin Atkinson, Eneli Jenson, Lindee Olson, Carol Stott
- o 8th High Individual in the Nation: Eneli Jenson placed
- o Dairy Cattle Evaluation Team: Silver Rank; Seth Atkinson, Casey Hancey, Madi Henrie, Mac Low

Leadership Development Events Winter 2022:

MC FFA Chapter competed at Area 1 (it's like regions in sports) and advanced in:

Creed Speaking: Abbie Nielsen won at State and will represent UT at Nationals in Indianapolis; Job Interview: Britney Maughan advanced to state; AG Education (prepare a lesson and teach to a class): Kylee Hofler advanced to state; Conduct of Chapter Meetings (9th graders demonstrate how to run a meeting effectively using Roberts Rules of Order): team of Bentleigh Borges, Cody Chalmers, Taylor Francis, Kaycee Hancock, Kyson Jenson, Taylyn Peterson, Bridger Woolf, Bella Yonk won Area and State and will represent UT at Nationals this fall; Agri-science: Tate and Cole for Animal System took 3rd at State.

Natural Resources: Corbin McDowell took 1st and advanced to Nationals; Power Structure Technical Systems: Jake and Justin Constantineau took 1st and advanced to Nationals; Animals Systems: Landon Anderson took 2nd place; *In what Anna Watkins and Maliya Bradshaw advanced to State

Mountain Crest FFA nominated 4 community members to be awarded Honorary State FFA Degrees for outstanding service, and they were awarded! They were Teri Cutler, Denise Mouritsen, Kurt Lindley, Jay Rhinderkinect.

more FFA success continued next page ...



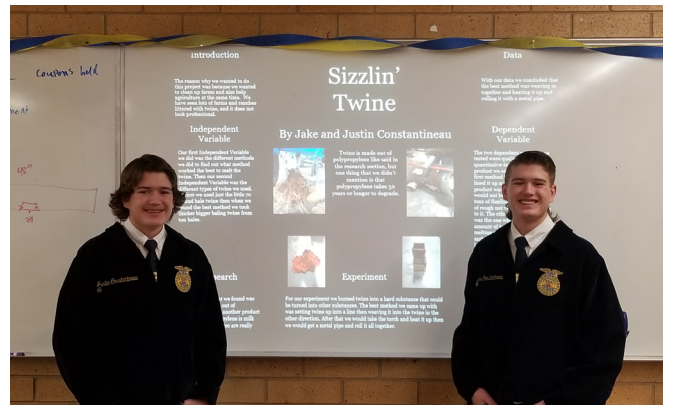
Another Successful Year for MC's FFA Continued ...

State Career Development Events (CDE's) in April:

- o 1st Place: Dairy Cattle Evaluation and advancing to Nationals 2022: Lindee Olsen, Erin Atkinson, Eneli Jensen, Carol Stott
- o 4th Place Milk Quality and Products: Taylor Francis, Abbie Nielsen, Savannah Summers, Kimberlynn Anderson

Miscellaneous Highlights:

- o Sicily Brown (graduated 2021) served as the Utah FFA Association State President 2021-2022 and just retired in March. She gave her retiring address in front of 1800 FFA students.
- o Three students received scholarships from Cache County Jr. Livestock: Paige LaRocco, Laci Larsen, and Lindee Olsen.
- o Lindee Olsen also received a \$2000 Dairy West Scholarship.
- o Caden Gittens was awarded an SAE (Supervised Ag Experience) grant of \$500 to purchase a 3-D printer to build engine prototypes.





Counselor Corner

It is an exciting time of year as we are nearing the end of the school year and looking forward to graduation and the future.

We will be holding our Scholarship and Awards Assembly on Monday, May 23rd at 8:55 a.m. for seniors. We are excited to celebrate our seniors and their accomplishments. Parents, a letter will be sent home with additional information about this assembly.

We have loved getting to know these amazing students and look forward to what their futures hold.

-MCHS COUNSELORS

MCCOUNSELING.WEBBLY.COM



MCPO Loves Our Teachers and Staff

During Parent Teacher Conferences, a crew of MCPO volunteers provided lunch for all Mountain Crest (MC) teachers and staff - just one of the ways we've tried to say thank you to our amazing MC staff this year!

It was a great year because of them and we are grateful for all of the hours and effort they give to our kids. MCPO has plans to do even more to say "thanks" to our teachers and staff next year. If you'd like to help, please contact:

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GO MUSTANGS!

Game schedule and athletic updates:
mcmustangs.com

Mountain Crest High School
ccsdut.org/mountaincrest

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White Palm Design and
Tara Bone**



MCPO is Going Social!
Check us out on Instagram and Facebook!
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