



———— MOUNTAIN CREST ————
parent organization

NOVEMBER/DECEMBER 2023 • ISSUE 16

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Coach of the Year

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MCPO MISSION STATEMENT

Promoting partnership between parents, teachers, students, administrators, and the greater Mountain Crest High School (MCHS) community to create and support an environment where MCHS students can learn, grow, and succeed.



Mountain Crest Community Comes Together to Support Students

The Riley & Annie Haviland family of R&A Cattle in Mt. Sterling made MCPO's recent fundraiser possible. Their three oldest children are Mustangs and we couldn't be prouder ... or more grateful! *see page 3*

Upcoming Events

Last Day of MC Food Drive!

November 17

No School, Thanksgiving Break

November 22 - 24

No School, 2nd Trimester Transition Day

November 27

Merry Mustang Kickoff Assembly

Begins **November 28**. Watch for more details!

Auditions for *Peter & The Star Catcher*

November 28, 3 to 6 pm

Post-Basketball Game Stomp

December 1, 8:45 to 9:45 pm

Parent Organization Lunch Activity

December 6

Senior Ball at Castle Manor

December 9

Choir Christmas Concert

December 18, 7 pm

Christmas Fantasy (band & orchestra)

December 19 & 20, 7 pm

Christmas Break

December 22 - January 1

No School, January 15

Martin Luther King Jr. Day

No School, Parent Teacher Conferences

January 22

Be in the Know!

Follow MCPO on Social Media:

Facebook:
MC PO

Instagram:
mtcrest_parentorganization



MAGIC PRESENTS

FREE (BUT DONATIONS ARE WELCOME!)

30 MINUTE CHRISTMAS PERFORMANCE

Let us perform at your holiday parties, events, dinners, or any other holiday get-together.

CONTACT US FOR MORE INFORMATION!
DonNel.Lamb@ccsdut.org

The poster features a stylized illustration of three green Christmas trees with yellow stars on top, decorated with red, yellow, and blue ornaments and garlands.

WENDY OSBORNE, MCPO VOLUNTEER:

Cow Chip Bingo - Who Knew?

Ever heard of Cow Chip Bingo? Neither had I until Ashley Stahle and I were sharing memories from high school with while helping at the Freshman Academy. One of her memories was a fundraiser her school did: sell tickets with a number on it and then on a given night, the football field was gridded off with all the numbers from the tickets in different squares, and then a cow was turned loose on the field. The cow would choose the winner by pooping in one of the squares—Cow Chip Bingo!

Not long after that our Parent Organization had a board meeting and it was clear that for us to fund all the programs and activities our organization sponsors, we needed more funds. That's when I was reminded of my conversation with Ashley, and that's how our Cow Chip Bingo Fundraiser started!

The biggest piece of the puzzle was finding someone to let us use a cow for the evening—enter Riley & Annie Haviland, of R&A Cattle! They went above and beyond to help us with our fundraiser! THANK YOU! Within a week & a half, with support from our school, our students, and our MCHS community we raised enough to fund the programs MCPO provides for the students at MC for this year (see column at right for a complete list). THANK YOU!!!

All MCPO supported activities are provided with students in mind, and all of them require parent support. We realize that everyone's circumstances are different, but I promise there is a way in this Parent Organization for ALL parents/grandparents/guardians of MC students who want to help, to find a way that works for them to help. If you'd like more information check out our website: mcparentorganization.weebly.com or contact someone helping (see back page of newsletter).

Join us and be more informed, more involved, and more invested in our students and school!

SUPPORTING STUDENTS

MCPO Supported Programs

Graduation Party
Staff Spotlight
Sterling Scholar
Dance Chaperones
Teacher Luncheons
Teacher Appreciation Activities
Student of the Month
Keep Climbing/Mental Health Week
Valedictorian Recognition
Homecoming Parade Help
Lunch Time Activities
Information: Newsletters,
Social Media & Email

Fundraiser Success

Cow Chip Bingo was held October 6 before MC's senior night football game. Thank you to all who supported! If you missed it ... who knows, maybe this is a start of a new MC tradition?
Cow Chip Bingo — who knew!?!)





Throughout the school year the MCPO spotlights teachers, staff, or administrators to thank them for all they do for Mountain Crest High School (MCHS) students. They are a KEY part of who helps create the atmosphere at MCHS, and so many of them go above and beyond what is required of them because they love working with students, and they love what they do! We are grateful for everyone who makes MCHS a great place!

This month MCPO recognizes two outstanding MCHS staff members:



BECKY MERRITT

– EdNet Facilitator

My job title is EdNet Facilitator. I facilitate the Utah State University Concurrent Broadcast Courses at Mountain Crest and aid the students in applying and registration. I find my job very rewarding when each student feels like they matter. Communication and respect are very important to me.

My husband and I have two children and 2 Labrador Retrievers. I have worked at MC for six years and have loved working with the staff, students, and parents.

Before working at MC, I worked for 25 years in Loss Prevention traveling to different cities and states. One of my main responsibilities was catching shoplifters. I have really enjoyed my time at MC and seeing the students succeed and move on to their next stage of life.

Why is Mrs. Merritt so amazing? “She has an unwavering dedication to her students’ success and a genuine passion for education, which together create an inspiring and nurturing learning environment.”



SIMEON WELLS

– English, Girls Soccer Coach

I am a 9th grade English Teacher and Girls Soccer Coach and I LOVE it. I love making connections with students and making high school a good experience for them. I strive for positive relationships with all my students and players.

I graduated from Mountain Crest, I love MC, and I am exactly where I want to be.

Why is Mr. Wells so awesome? “He is kind and makes class more interesting and fun. He also is good at explaining the assignments.”

Cache Valley Bank October Mustangs *of the Month*



HAILEE SHARP — *Senior*

Parents:

Favorite thing about being a Mustang:

“The environment on game days, the HYPE student section and all my friends.”

AVA WORKMAN — *Junior*

Parents: Kristie and Trevin

Favorite thing about being a Mustang:

“The friends and football games!”



DAXTON MANGUM — *Sophomore*

Parents: Chad and Jill

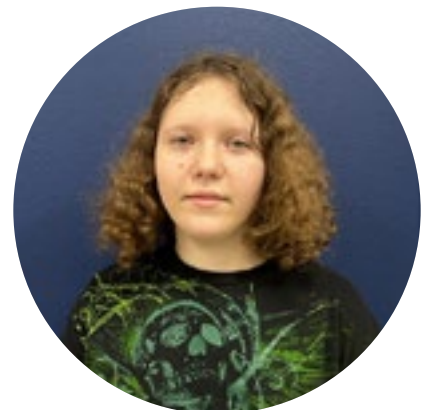
Favorite thing about being a Mustang: “The social spirit and rizzing the seniors.”

SISELY CLARK — *Freshman*

Parents: Kimberly and James

Favorite thing about being a Mustang:

“This school is actually pretty nice.”



Cache Valley Bank November Mustangs *of the Month*



BRONZON HILL – *Senior*

Parents: Rock and Brittani

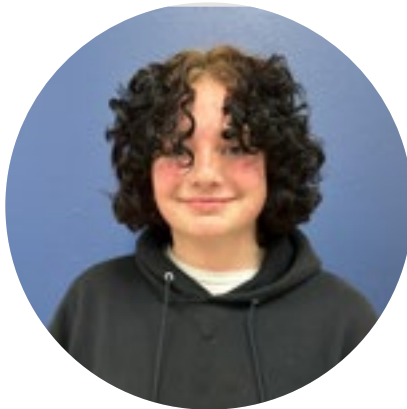
Favorite thing about being a Mustang:
“Having fun!”



ADAM DENNIS – *Junior*

Parents: Kelly and Sean

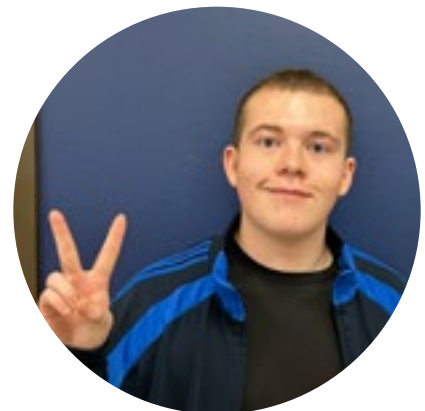
Favorite thing about being a Mustang:
“The students and teachers.”



SETH BYBEE – *Sophomore*

Parents: Samantha and Bret

Favorite thing about being a Mustang: “The activities and good friends.”



DALLAS KENNEDY – *Freshman*

Parents: Sercene and Adam

Favorite thing about being a Mustang:
“Being with my friends!”



Counselor Corner: The MC Giving Place

The MC Giving Place is aimed at addressing food insecurity within our school community. It operates on the principle that no student should go hungry or struggle to access food. With respect for privacy and dignity, the MC Giving Place offers a variety of non-perishable food items, school supplies, or clothing to students in need. The MC Giving Place operates all school year (Aug-May).

How can you access the MC Giving Place?

Should your student need support from the MC Giving Place please contact the counseling office directly, or fill out this google form by copying and pasting this link: <https://forms.gle/2Ydkr8zZHG6NqkbJ7> We assure you, any requests or inquiries will be handled with the utmost discretion and respect.

How can you donate?

Our ability to help is dependent upon our resources available. To donate food or new clothing you may drop it off to the MCHS counseling office. Monetary donations to the MC Giving Place will be used to directly purchase items for students in need. Please touch on the following link for monetary donations: <https://sfnd.io/mcsgivingplace>

We have a strong, supportive, caring community who comes together to aid in the success and well-being of our students. We know that together, we can make a difference.

-MCHS Counselors

We Love our MC Faculty & Staff!

Thank you to all MCPO volunteers who showed our teachers and staff some love at the Parent Teacher Conference luncheon for teachers and the thank you soda bar on November 14.



MC Swim is Off to a Fast Start

At the Mustang Swim Invitational on Saturday, November 11, the MC Swim Team competed against five other team and won, taking First Place overall.

The boys team took First Place and the girls team took Fourth Place. Congratulations!



October MCPO Lunch Activity

Thank you MCPO volunteers who provided lunch activities for students in October. You help students break out of their routines, interact with one another, and build unity and memories.



Good News at MC!

Email tarabone@msn.com when you see positive MC happenings - we want to share the good news!

MC Girls' Wrestling Head Coach Named UHSAA 2023 Wrestling Coach of the Year

Mountain Crest High School's Susan Dart was recently named the 2023 Wrestling Coach of the Year by the Utah High School Activities Association (UHSAA)! Congratulations Coach Dart! Her coaching approach extends beyond wrestling skills, emphasizing the empowerment of her athletes and instilling confidence in them.



For almost three decades, Coach Dart has been a Speech Language Pathologist.

Recently, she worked at Canyon Elementary as a Speech Pathologist and this year transitioned to teaching Physical Education at MC. She is the mother of three sons who wrestled for MC. Four years ago, when girls' wrestling was first sanctioned, she began coaching with her husband. While her husband focuses on teaching wrestling techniques and form, Dart assumed the head coach role this year. "My husband was a wrestler. My boys wrestled. I knew wrestling," Dart explained.

During her time as coach, Dart has witnessed remarkable changes that the girls undergo during the wrestling season. Initially self-conscious, the girls become proud and more confident as the season progresses. The MC girls' wrestling team is the biggest in the state. The first year the sport was sanctioned, 31 girls were on the team. Currently, there are about 60 girls on the team. The wrestling team accommodates girls with diverse interests and backgrounds.

Dart focuses not solely on winning or losing but on her athletes developing essential life skills through wrestling. The sport teaches them that they can accomplish incredibly challenging tasks. "We tell the girls we expect two things from them: a positive attitude and your best effort. We will be ecstatic for them as long as they give their best effort, which might differ daily," Dart said. "Sometimes, they will be up studying for a test at midnight, and then they must get up at five. If you give it all that day, you will be happy. So that is what we preach. It's not about winning or losing; it's about giving your best effort and having a good attitude. These are life skills, and wrestling teaches them these life skills. Wrestling shows these girls that they can do super hard things."

**information courtesy of ccsdut.org*

Marching Band Success



Huge congratulations to MC's Marching Band for taking Third Place at the state competition held November 3 at Utah Tech University.

Band members started work during the summer, spending countless hours on their program entitled "Dreams of the Deep."

Thank you for representing Mountain Crest so well and for all of your hard work!



MC Debate is "Climbing" Into a New Year!

The MC Debate team is bigger and stronger than ever! For the first time in MC Debate history, we had to split into two different classes! We are still growing, and we are still recruiting. Anyone can join debate, as long as they meet the UHSAA competition standards. Talk to the counselors if you are interested!

Very exciting news! MC Debate has partnered with Ridgeline Debate to create a new after-school speech/debate program at South Cache! This is for any student who is interested in learning more about the programs, competition, and gaining self-confidence. If you know South Cache students who are interested, contact Mr. Josh Nelson for more information. Questions can also be directed to MC coach, Karlie Jordan, or RHS coach, Cody Scott.

We have some lofty goals for our team this year. We want to place at Region, place at State, and get as many kids qualified for Nationals as possible. In addition to those outcome-based goals, we want to build a team that is unified, exemplifies the definition of sportsmanship, and can effectively communicate with each other. We have a team philosophy: Communication, Commitment, and Compassion.

MC Debate Presidency

President - Jamison Ellis
Vice President - Rose Hall
Secretary - Ethan Taylor
Historian - Leah Rowley
Speech Captain -
Bailee Corbridge
Debate Captain -
True Erickson



MC's Student-Run Businesses Prepare Future Leaders



Since coming to Mountain Crest High School (MCHS) four years ago, experienced business teacher Doug Tovey began work with administrators and students to make his vision of student-run businesses that make classroom learning come to life a reality.

Tovey and his young entrepreneurs – a.k.a MCHS students – have started two school-based enterprises. Sippin Stangs, a drink business managed by students that's located in the gym complex concession area and is open before school and during both lunches, and a print shop called Hoof Prints.

Hoof Prints is a small print shop with a vinyl cutter, a sublimation printer, and a 20" vinyl printer cutter. There is also a heat press, hat press, and a mug press. Students design and produce small custom orders for groups on campus. For example, students built club t-shirts and drawstring bags for the Business Club and are creating motivational quote banners for the wrestling room.

Mr. Tovey hopes the real world training students are experiencing will help them think big and forge successful career paths.

"The goal is to sell kids the dream. The United States of America is the greatest place on earth for young entrepreneurs to plan something, make something, and sell something. I challenge them to think of ways they can make an unbelievable amount of money while saving the world at the same time," Mr. Tovey said. "When we have student enterprises it gets students out of the conventional classroom, gets them out of the computer simulations and worksheets, and gets them into the real world of business. We hope students will use this experience as a "Pathway" to either small business ownership or entrance into a college business program or both."

The profits from the student enterprises will help fund student organizations such as DECA and FBLA. When the businesses produce stable income, Mr. Tovey hopes to offer scholarships to outstanding students who participate in running the businesses.

When Mr. Tovey started these student-run businesses, MC was the only school in the Cache County School District offering this opportunity. Now MC is leading the way in this endeavor as other schools are starting to jump on board. As Sippin Stangs and Hoof Prints evolve, Mr. Tovey is confident the businesses will continue to be successful with the support of the MCHS community.

Sterling Scholars - Congratulations!

Math • Mariah Peel

English • Karsten Bone

Social Science • Jamison Ellis

Science • Carli Skinner

Business & Marketing • Zachary Leishman

Computer Tech • Murphy Flippence

Instrumental • Geneil Richins

Vocal • Joshua Booth

Dance • Hallie Greer

Speech & Theatre Arts • Sierra Zook

Family & Consumer Science • Samantha Baldwin

Skilled & Technical • Peyton Haviland

Language • Ava Apedaile

Visual Arts • Mercedes Nazer

Academic All-State Award Recipients

The Utah High School Activities Association (UHSAA) presents the Academic All-State Award to students who excel in the classroom and on the court or field. Student-athletes are selected for this award based on academic excellence and athletic ability. It's the most prestigious honor the UHSAA presents to senior students.

The following Mountain Crest High School students were recently awarded Academic All-State for fall sports:

Girls Cross Country

Haylee Lemon

Boys Cross Country

Ethan Harris

Tennis

Anna Bindrup

Ava Apedaile

Clara Croshaw

Lily Rasmussen

Mariah Peel

Tearsti Stoker

Paige Reynolds

Volleyball

Cassidy Sautter

Golf

Ethan Corbett

Soccer

Hailee Sharp

Football

Dax Benson

Harper Walker

MC FFA Shines at National Convention

By: Nicole Welker, MC student & FFA member

This year the Mountain Crest FFA chapter had the opportunity to send their Parliamentary Procedure and Agricultural Sales teams to the 94th National FFA Convention in Indiana. Zoe Laursen also qualified with her agriscience project and two Alumni, Lindee Olsen and Sariah Summers obtained American degrees.

Parliamentary Procedure (Parli) took a silver ranking, lead by Chairman Hannah Pulsipher. The Parli team was made up of Eneli Jenson, Hannah Pulsipher, Erin Atkinson, Peyton Haviland, Kyson Jenson, Taylynn Petersen, Bridger Woolf, and Kaycee Hancock. Parliamentary Procedure simulates real-world scenarios of how professional agencies, like the government, run their meetings smooth and efficiently. The team works on taking problems/ scenarios in agriculture today and come up with solutions by using the parliamentary procedure method.



Our Agricultural Sales (Ag Sales) also took a silver ranking. The Ag sales team was made up of Reagan Park, Ashley Welker, Emilee Leishman, and Madi Henrie. Ag Sales is a Career Development Event (CDE) that specializes in members building skills in sales to prepare them for futures in a sales business career. These participants talk in front of individuals who are knowledgeable about the product they are presenting. These students have great communication skills, product knowledge, and teamwork skills.

Although our chapter went for their competitions they went on some amazing educational tours throughout Indianapolis. A few of these tours included Budweiser's Warm Spring Ranch, Gateway Arch, North American Livestock Show, and the Louisville Sluggers.

Thank you so much to everyone who supports our FFA Chapter and helps make trips like nationals possible.

Future Farmers of America (FFA) was founded by young farmers in 1928. Part of their goal was to prepare future generations for the challenges of feeding a growing population. FFA teaches that agriculture is more than planting and harvesting – it's a science, it's a business, and it's an art.

According to the National FFA Organization, this October nearly 73,000 FFA members from across the country participated in the National Convention's general sessions, competitive events, educational tours, leadership workshops, an expo, and volunteer activities. MC has a strong history of FFA success.



When students are “caught” exhibiting integrity by MC staff members, they are rewarded with a “Stang Thang” shirt and thank you from the MC administration.

There have been lots of MC students spotted doing good in the last few months! Stang Thang recipients are:

Camden Atkinson, Teancom “Tank” Butler, Ethan Casayant, Lauren Child, Erin Duecaster, Colton Henrie, Ruben Jimenez, Andrew Langsdorf, Andres Langsdorf, Isaac Longoria, Daxton Mangum, Jaime Membreno, David Nebekar, Cy Nelson, Alex Ocampo, Ryan Parx, Jael, Peña, Brianna Reyes, Tavin Richins, Ricardo Rugamas, Owen Ryan, Luke Slunder, Gavin Speth, Lyla Speth, Gabbi Stowers, Kylie Wallace, Bella Wilde, Brady Willets



New Class Offered! Flying Drones

Mountain Crest High School (MCHS) offers a wide variety of concurrent enrollment classes to help students get a head start on their college education. Aviation 1900/1910 is a new USU concurrent enrollment class now offered for college credit at MCHS.

The course debuts this spring during the 4th hour, 3rd trimester.

Aviation 1900 and 1910 are mixed into one class that will be taught by Mr. Bassett. Despite its fancy name, the aviation class is where students learn about and fly drones. Anyone interested in getting a pilot’s license should consider taking this class.

The class will help students earn their part 107 aviation license which allows them to fly drones professionally. Students will learn all aspects of drone flight including weather, laws, airport communication skills, drone maintenance and much more. Students will even dabble with building drones!

The drones CE class is part of the CTE pathways offered at MCHS. Students who enjoy this field will be able to take other classes in the future. Students signing up for this class should be prepared for university level coursework.

But the fun of this class will come on Fridays. Starting the 2nd week of class, on Fridays students get to fly class-provided drones. Students’ flying ability will be challenged with obstacle courses, drone jousting, and even drone Quidditch games.

MC Mountain Biking Team Finishes Strong State Recap from Head Coach Teresa Parker:

Our team finished 5th at State! We beat out all the other valley teams! Nice work!

It was a hard, but fun course to race on. Many bottleneck spots, slippery sandy dirt, steep climbs, flat tires, crashes..... But wow - each member of the team did soooo good! I can't believe how awesome they all are!

Varsity - 4 laps

Kaden Bundy - Kaden blew the crowd away. He jumped up several places at the start, and stayed put throughout the race. He had his best race. 19th - 1:31:41. Lap times: 20:24, 23:16, 23:57, 24:03.

Dallin Painter - Dallin is amazing. He does incredibly hard things. He raced very, very well, despite being low on water during the race. 130th -1:42:20. Lap times: 23:28, 25:38, 26:17, 27:03.

JVA - 3 laps

Brigham Skinner - crashed on 3rd lap, but jumped back on his bike and pushed through. Brigham passed quite a few people in this race, which is really impressive since they had a higher starting ranking. He's a strong rider with great ability. 37th - 1:10:05. Lap times: 22:17, 23:31, 24:16



JVA Girls - 2 laps

Maddie Woolstenhulme - Maddie had a crash the day prior to her race. She was so tough to race anyways and finish strong. 80th-1:00:03 Lap times: 28:52, 31:10

Sierra Maughan - crashed on her 1st lap, but that did not stop her. She hopped back on her bike and did so well. 83th -1:00:21 Lap times: 29:18, 31:03

JVC - 2 laps

Logan Worf - has become so fast this year. He had a great race and finished so solid. 130th - 56:01 Lap times: 26:19, 29:41

Freshman A - 2 laps

Spencer Datwler - was in a really hard race group. His time was very impressive and he said he thoroughly enjoyed the race. 184th - 57:16 Lap times: 27:04, 30:12

Senior Open

Carson Aston - had a really great race. He pushed himself so hard and finished strong. 41st - 58:43 Lap times: 27:41, 31:01

Nathan Jewks - unable to attend.

Nice work everyone! I look forward to next year, and will greatly miss all the Seniors!

Fall Sports Roundup

Through blood, sweat, and tears, Mountain Crest athletes and coaches gave it their all during the 2023 fall sports season. Thank you student athletes, coaches, and parents! There were so many memorable moments.



Football



Volleyball



Golf



Cross Country



Girls' Soccer



Girls' Tennis

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GO MUSTANGS!

Game schedule and athletic updates:

mcmustangs.com

Mountain Crest High School

ccsdut.org/mountaincrest

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**If you have a good news
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MCPO newsletter, email
tarabone@msn.com**

Thank you!

